

## Johnson School Sick

### Child Guidelines:

Children must remain home if they have any of the following:

- A contagious illness such as the flu, strep throat, croup, or impetigo.
- If your child has a fever over 100 degrees, vomiting or diarrhea within the past 24 hours.
- A persistent cough or runny nose that the child cannot manage by themselves.
- Chicken Pox- the child may not return to school until the rash is completely dry and crusted over.
- Head lice or nits (eggs)- may return when ALL NITS have been removed and the child has been checked by the school nurse **before** reentering the school.
- A rash of unknown cause- may return when the child's physician authorizes.
- Red or pink, itchy eyes with watery or green/yellow drainage -may return to school when no further drainage and/or when on medication for a full 24 hours.

## Communicable Disease

### management:

The school nurse monitors and evaluates clusters of communicable diseases and reports to the local and state Board of Health as required.

Parents are asked to notify the school in the event of a contagious illness, so that the nurse can take the necessary steps to protect the health of the other children in the school.

### State Mandated Requirements:

Physical examinations are required for entrance into Kindergarten and 4<sup>th</sup> grade.

Immunizations are required to be up to date according to the Massachusetts Department of Public Health guidelines upon entrance into Kindergarten and if transferring into the school system.

### Websites for parents:

National Institute for Health- [www.nih.gov](http://www.nih.gov)

Mass Department of Public Health – [www.State.ma.us/dph](http://www.State.ma.us/dph)

Center for Disease Control- [www.cdc.gov](http://www.cdc.gov)

American Academy of Pediatrics- [www.aap.org](http://www.aap.org)

## NAHANT PUBLIC SCHOOLS

JOHNSON SCHOOL  
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## HEALTH SERVICES

**Cheryl DiLisio, RN**

-School Nurse

**Johnson School**

290 Castle Road

Nahant, Ma. 01908

Tel# 781-581-1600

## School Health

### Services:

#### **State Mandated Screenings-**

- Growth and Development screenings for Height and Weight are measured annually.
- Hearing and Vision screenings are performed annually on all students in all grade levels according to state guidelines.
- Postural Screenings are completed on grade 5 & 6 students only with the assistance of the Physical Education teacher.

#### **School Nurse Role:**

“School nurses provide a combination of care, counseling and education, which enables students to live healthy lives and maximize their potential for learning.”

- ❖ Assesses health care needs of students, and provides appropriate nursing services and medical intervention.
- ❖ Provides Emergency Services and First Aid when necessary.
- ❖ Establishes Health Care Plans for students’ needs and health components for the Individualized Education Plan.

- ❖ Maintains a Cumulative Health Record- assuring a current health record is kept on file in the Health Office for each student, which includes: medical and immunization history, physical exam forms, and Emergency Contact information.
- ❖ Monitors and keeps current documentation to ensure compliance with mandated immunization policies.
- ❖ Documents screening results and sends referrals to physicians if results do not meet standards.
- ❖ Provides information and referrals for uninsured children and their families.
- ❖ Assists in the prevention and control of communicable diseases.
- ❖ Provides safe administration of prescribed treatment and medication.
- ❖ Provides health education/ counseling to students and staff that will prevent disease and promote healthy behaviors and lifestyles.
- ❖ Refers to parents, teachers and health care providers as needed to assure that students’ needs are met.

- ❖ Advocates for the health rights of the students with special needs as well as those of the entire student body.
- ❖ Acts as a resource to students, school personnel, and parents.
- ❖ Assists in Emergency Preparedness.

#### **Medication Policy:**

Prescription medication can be administered in the school if the following information is provided:

- A Physician’s order filled out on our Medication Administration form
- Parent’s signature on the Medication Administration form
- Medication is provided in the original bottle or container with pharmacy label on it.

Over -the- Counter medication can be administered in school if the above information is provided. A Physician’s order is needed even for Over-the- counter medications. (exception below)

\* The Johnson School has an “Over-the-counter Medication checklist” which is approved, and signed, by the School Physician, to allow the school nurse to dispense only specific medications with the parent’s permission/ signature.\*